

Name Surname: Yusuf Alper Sonmez

Date of Birth and Place of Birth: Istanbul 25 10 1967

Foreign Language: English

Areas of interest: Obesity, Diabetes, Dyslipidemia, Endocrine Hypertension, Osteoporosis, Thyroid and Parathyroid gland diseases, Adrenal gland diseases, Hypogonadism in Men, Pregnancy and Endocrine Diseases.

Treatments: Integrative treatment of obesity and accompanying diseases, Management of diabetes and its complications, Cardiovascular Risk management

Experiences:

1. 1010th Ordnance Main Repair and Maintenance (Tank Pallet) Factory Chief of Infirmary, Adapazari (1993-1995)
2. Gülhane Military Medical Academy (GATA), Military Medical Faculty, Department of Internal Medicine, Resident and Specialist Ankara (1995-2002)
3. International Security and Assistance Force (ISAF), Chief Medical Officer, Kabul, Afghanistan (2002)
4. GATA, Military Medical Faculty, Department of Internal Medicine, Faculty Member, Ankara (2002-2008)
5. Stanford University, School of Medicine Falk Center for Cardiovascular Research, Visiting Scholar, Palo Alto California, USA (2005-2006)
6. Girne Military Hospital Chief Medical Officer, Girne TRNC (2011-2012)
7. GATA, Military Medicine Faculty, Department of Endocrinology and Metabolism, Faculty Member, Ankara (2012- 2016)
8. University of Health Sciences, Gülhane Faculty of Medicine, Department of Endocrinology and Metabolism, Faculty Member, Ankara (2016-2020)
9. TOBB University Faculty of Medicine, Visiting Lecturer (2016-2018)
10. Qatar National Research Fund Evaluation Board Member (2018)

11. Turkish Institute of Public Health and Chronic Diseases (TUHKE) Member of the Second Scientific Committee (2021-)
12. Medical Specialization Board Curriculum Formation and Standards Setting System (TUKMOS) Member of the Endocrinology and Metabolic Diseases Commission (2021-)
13. University of Health Sciences, Gulhane Faculty of Medicine, Head of Department of Endocrinology and Metabolism, Ankara (2020-2022)

Trainings:

1. GATA, Military Medical Faculty (1985-1992)
2. GATA, Military Medical Faculty, Department of Internal Medicine, Residency in Internal Medicine, Ankara (1995-1999)
3. GATA, Military Medical Faculty, Department of Endocrinology and Metabolism, Fellowship Training, Ankara (2008-2011)

Scientific Publications:

200 articles published in international peer-reviewed journals

32 articles published in national peer-reviewed journals

138 papers presented at international scientific meetings

172 Papers presented at national scientific meetings

Authorship in 3 international book chapters

Authorship in 14 national book chapters

Professional Memberships:

Turkish Society of Endocrinology and Metabolism (TEMMD)

Turkish Obesity Research Association (TOAD)

European Obesity Association (EASO)

European Diabetes Association (EASD)

European Society of Endocrinology (ESE)

American Society of Endocrinology (ENDO)

Professional Awards, Degrees and Experiences:

- 42nd European Kidney Dialysis Transplantation Association (ERA-EDTA) Congress, Best Oral Presentation Prize (2005)
- 8th National Internal Medicine Congress Oral Presentation Prize (2006)
- 44th European Kidney Dialysis Transplantation Association (ERA-EDTA) Congress, Best Oral Presentation Prize (2007)
- 3rd National Clinical Vascular Biology Congress, Best Oral Presentation (2007)
- 10th National Internal Medicine Congress Best Oral Presentation (2008)
- 11th National Congress of Hypertension and Kidney Diseases, Oral Presentation Third Prize (2009)
- 7th Metabolic Syndrome Symposium Special Jury Award (2010)
- 6th Family Medicine Fall School Best Oral Presentation (2012)
- 34th TEMD National Congress Oral Presentation Second Prize (2012)
- GATA Scientific Studies Encouragement and Service Award, First Place in Internal Medicine (2009, 2010, 2011, 2013)
- GATA Command Outstanding Service Award (2013)
- 35th TEMD National Congress Best Oral Presentation (2013)
- 52nd National Diabetes Congress Best Poster Presentation (2016)
- 53rd National Diabetes Congress Poster Presentation Second Prize (2017)
- 43rd TEMD National Congress Best Oral Presentation (2022)
- University of Health Sciences Highest H-Index Award (2022)

Courses Attended:

- Akademika, Good Clinical Practices Course, Istanbul (2004)
- Experimental Animals Course, Stanford University, USA (2005)
- Education and Training Skills Course, Gülhane Military Medical Faculty (2007)
- Medical Specialization Training Trainer Course, University of Health Sciences Kocaeli (2017)
- EASO Summer School and Trainer Training Course Annecy, France (2019)
- EASO Obesity Treatment Centers Exchange Program, Leipzig Germany (2019)

- Good clinical practice training, Brookwood NNINV/9419

(2018)